

WHAT TO EXPECT DURING A TREATMENT INFO SHEET



Welcome!

I am honoured and welcome the opportunity to walk with you down this journey of health and wellness. Feel free to ask me any question that may arise. What follows is some basic information that will help get the ball rolling.

Session Lengths

- Your **first treatment session** may take up to 2 hours, during which time you have the opportunity to speak at length about your health concerns, questions and goals. I will talk with you about your medical and social history and perform a physical examination, which includes pulse and tongue diagnosis. This examination is to evaluate the balance of energy in your body and provides me with information necessary to treat you safely and appropriately. You will also receive a treatment once the diagnostic session is complete.
- A series of **subsequent sessions** (usually between 5 - 10 sessions) are typically scheduled. These sessions may include Reiki, Acupuncture, Guasha, Moxibution, TDP Lamp, Tuina Medical Massage or a combination of these treatments. I will select a treatment for the day based on your concerns, goals and pulse readings. Please allow between 1.5 to 2 hours for each session.

Safety Guidelines

- The **acupuncture needles** used are extremely fine, approximately the thickness of a hair. I only use only sterilized, pre-packaged, one-time-use-only needles. Every individual has a unique experience of what being treated by the needles feels like. Some common sensations are tingling, heat, electricity, or tickling. Most patients report little or no discomfort.
- **Guasha Boards** are sterilised with hot soapy water and Hydrogen Peroxide after each use.

Treatment Course Schedule

- Unlike conventional health care, traditional and complementary health care treats the whole person rather than the symptom. This means that a series of treatment sessions are needed before long term results are seen. I usually schedule 5 - 10 sessions as part of a single treatment course. These can be done weekly or bi-weekly for serious and chronic conditions or if the patient wants to see faster results.

Confidentiality

- All visits and records are strictly confidential.

Pricing

- For Holistic Treatment Services that involve more than one TCM treatment modality, the initial Consultation, Examination and Treatment is RM180. Subsequent sessions are RM150. For Acupuncture only, the initial Consultation, Examination and Treatment is RM150 and subsequent sessions are RM120. Other treatment services will be charged based on our publicly published Treatment Fee Schedule. I accept Cash and QRPay for treatments.

Cancellations

- If you must cancel an appointment, please give at least 24 hours notice. This helps open the slot for another patient who may need help.

Do not hesitate to call me at +60 16 712 5286 before your visit or at any time during your treatment.

I look forward to being a partner on your road towards feeling better!

Bob Kee
Founder & Resident Therapist