

## SHIBUMI CODE OF ETHICS

### For Today Only Do Not Anger

- To remain calm and communicative at all times.

### For Today Only Do not Worry

- To support one's self-development and centredness.
- To learn to respond to stress in a positive way.

### For Today Only Be Humble

- To be honest and realistic when making statements about the possible outcomes of the system of Reiki classes/treatments and whenever possible, to base comments upon reliable information, experience and current research.
- To be mindful that the teacher/practitioner does not take credit for any healing.

### For Today Only Be Honest in Your Work

- To conduct system of Reiki classes/treatments in a responsible manner, consistent with the safety, health and welfare of the community.
- To endeavour to improve the community's understanding of the system of Reiki.
- To advertise and promote one's classes, treatments, services, products, teachings and/ or position in the system of Reiki community with integrity and act on the basis of a well-informed conscience at all times.

### For Today Only Be Compassionate to Yourself and Others

- To regularly self-treat with Reiki treatments and meditations; you cannot help others if you haven't first helped yourself.
- To act in fairness, honesty and in good faith towards all people regardless of their culture, ethnicity, language or religion.